FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20549	OMB APPROVAL		
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235	

OMB Number:	3235-0287								
Estimated average burden									
hours per response.	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Marks Clifford E									ker or Tra <u>edia, I</u> 1		Symbol	(Ch	eck all applic	nship of Reporting Per I applicable) Director Officer (give title		son(s) to Issu 10% Ow Other (s	ner	
	ΓΙΟΝΑL CI	irst) INEMEDIA, INO AVE., SUITE 20				Date o /18/20		iest Tran:	saction (M	1onth	n/Day/Year)		X below) Pres.		below) & Chief Mktg Off.			
(Street) CENTENNIAL CO 80112-3405				_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								e) X Form f Form f	ual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S		(Zip)	Di	4:	- C-						f au Da						
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day			action	on 2A. Deemed Execution Date,			3. 4. Securities		es Acquired (A) or Of (D) (Instr. 3, 4 an		5. Amou Securiti Benefici Owned	nt of es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	ction(s)		"	Instr. 4)	
Common Stock 03/18/20					3/2010	010		М		10,000	A	\$9.22	131	,097		D		
Common Stock 03/18/20				/2010	010		S ⁽¹⁾		10,000	D	\$17.850	08 121	,097		D			
		-	Table II								posed of, converti			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	n Date,	4. Transa Code (8)				6. Date E Expiratio (Month/D	n Da			ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares					
Employee stock option (right to buy)	\$9.22	03/18/2010			M			10,000	(2)		01/14/2019	Common Stock	10,000	\$0	131,38	8	D	

Explanation of Responses:

- 1. This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 25, 2009.
- 2. The option vests in three equal annual installments beginning on January 15, 2010.

Remarks:

/s/ Jennifer A. D'Alessandro, as 03/19/2010 attorney-in-fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.